

Go nuts for this brekkie delight

■ The brainchild of ex-investment banker Dermot Hanley, Nüsli is a delicious mix of yogurt, apple juice, whole grains, fruit and nuts, made with the finest natural Irish ingredients.

With an RRP of €2.89, find Nüsli in the fridge section of supermarkets, next to the juices, sandwiches and smoothies. Stockists include Applegreen, Centra, Dunnes Stores, Londis, Spar and Supervalu. www.nusli.com

